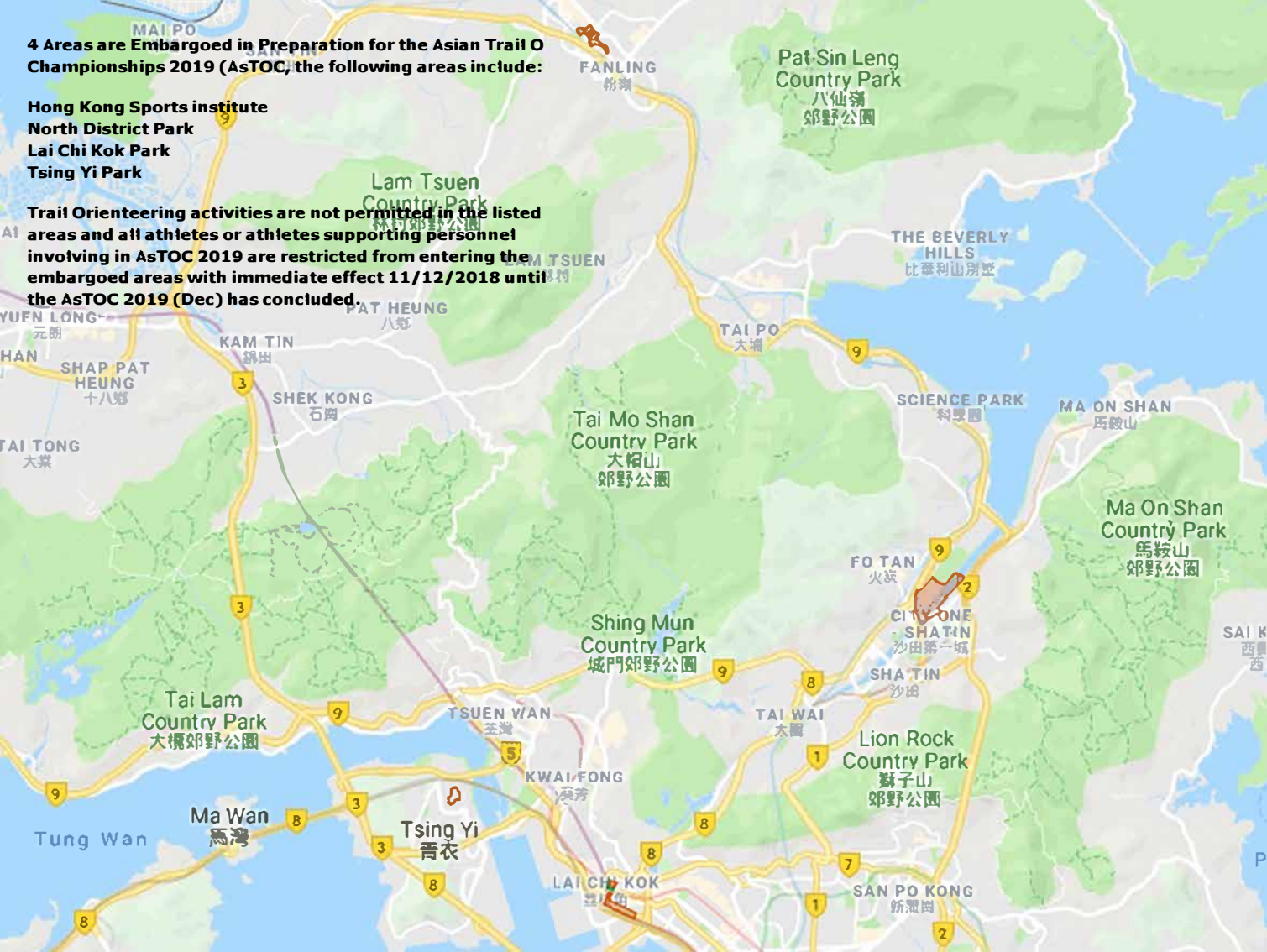
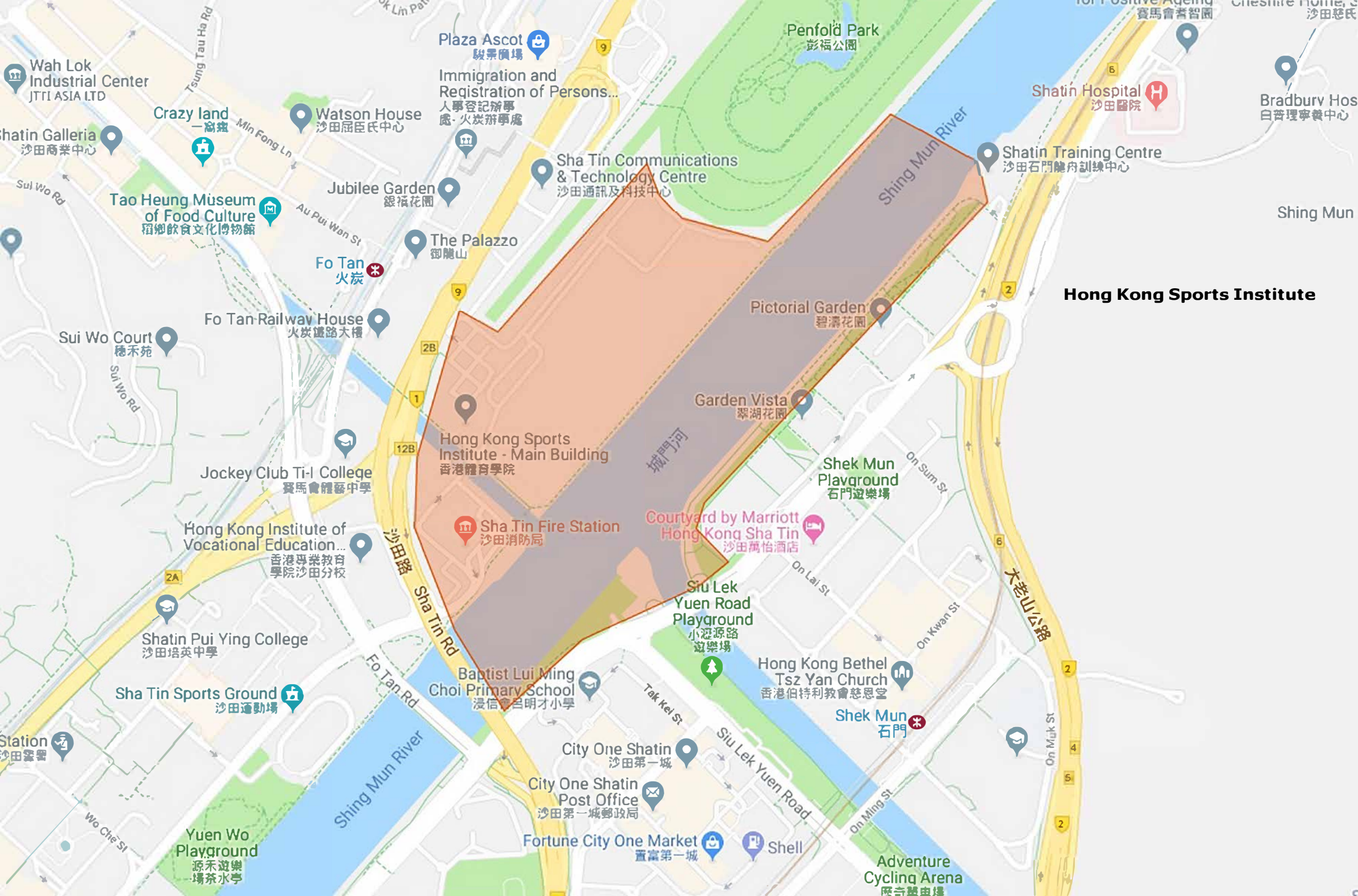


4 Areas are Embargoed in Preparation for the Asian Trail O Championships 2019 (AsTOC); the following areas include:

**Hong Kong Sports Institute
North District Park
Lai Chi Kok Park
Tsing Yi Park**

Trail Orienteering activities are not permitted in the listed areas and all athletes or athletes supporting personnel involving in AsTOC 2019 are restricted from entering the embargoed areas with immediate effect 11/12/2018 until the AsTOC 2019 (Dec) has concluded.





Hong Kong Sports Institute

Plaza Ascot
駿景廣場

Immigration and Registration of Persons...
入境登記辦事處 - 火炭辦事處

Shatin Hospital
沙田醫院

Shatin Training Centre
沙田石門龍崗訓練中心

Sha Tin Communications & Technology Centre
沙田通訊及科技中心

Jubilee Garden
銀禧花園

The Palazzo
御龍山

Fo Tan
火炭

Fo Tan-Railway House
火炭鐵路大樓

Sui Wo Court
穗禾苑

Jockey Club Ti-I College
賽馬會體藝中學

Hong Kong Institute of Vocational Education...
香港專業教育學院沙田分校

Shatin Pui Ying College
沙田培英中學

Sha Tin Sports Ground
沙田運動場

Hong Kong Sports Institute - Main Building
香港體育學院

Sha Tin Fire Station
沙田消防局

Courtyard by Marriott
Hong Kong Sha Tin
沙田萬怡酒店

Siu Lek Yuen Road Playground
小源路遊樂場

Baptist Lui Ming Choi Primary School
浸信會呂明才小學

City One Shatin
沙田第一城

City One Shatin Post Office
沙田第一城郵政局

Fortune City One Market
富豪第一城

Hong Kong Bethel Tsz Yan Church
香港伯特利教會慈恩堂

Shek Mun
石門

Adventure Cycling Arena
摩奇單車場

Yuen Wo Playground
源禾遊樂場
源禾水亭





Lai Chi Kok Park



Tsing Yi Park

Tsing King Road Car Park
進發停車場 青敬路

St. Paul's Village
聖保祿村

St. Paul's Village Office
聖保祿村辦事處

YCH Chiu Tsang Hok Wan Primary School
仁濟醫院趙曾學韋小學

Caritas Saint Joseph Secondary School
明愛聖若瑟中學

Tsing Yi Estate Community Hall
青衣邨社區會堂

Broadview Garden Block 7
樓景花園7座

Tsing Yi Estate Multi-storey Car Park
青衣邨多層停車場

Fung Shue Wo Sports Centre
楓樹窩體育館

Tsing Yi Estate Yee Wai House
青衣邨宜偉樓

Tsing Yi Estate Yee Yip House
宜業樓

Tsuen Wan Trade Association Primary School
荃灣商會學校

Tsing Yu Street Garden
清雲街花園

Tai Wong Ha Tsuen Old Tree
大王下村古樹

Tai Wong Ha Playground
大王下遊樂場

TWGHs SC Gaw Memorial College
東華三院吳祥川紀念中學

Greenview Villa
綠悠雅苑

Centaline Tsing Yi Garden Branch
中原地產 青怡花園分行

SKH Tsing Yi Estate Ho Chak Wan Primary School
聖公會青衣邨何澤芸小學

Tsing Yi Municipal Services Building
青衣市政大廈

Tsing Yi Sports Centre
青衣體育館

Tsing Yi Athletic Association Sports Ground
青衣體育會運動場

Tsing Yi Swimming Pool
青衣游泳池

Tsing Yi Sports Ground
青衣運動場

Hong Kong Family Welfare Association
香港家庭福利會

Tsing Yi Promenade
青衣海濱公園

Tivoli Garden

Ferry terminal

Tai Hing Roast
太興燒味餐廳

Greenfield Garden Shopping Arcade
翠怡商場

Greenfield Garden Block 7
翠怡花園7座

Greenfield Garden Block 5
翠怡花園5座

Greenfield Garden Block 4
翠怡花園4座

Grand Horizon Block 5
海欣花園5座

Grand Horizon Block 6
海欣花園6座